

THE LIFECHANGING BENEFITS OF PRAYING IN THE SPIRIT

PRAYER IS ORDAINED BY GOD TO BRING HIS GRACE INTO OUR LIVES

Luke 18:1 And he spake a parable unto them *to this end*, that men ought always to pray, and not to faint;

Eph. 6:18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Col. 4:2 Continue in prayer, and watch in the same with thanksgiving;

James 4:2 Ye lust, and have not: ye kill, and desire to have, and cannot obtain: ye fight and war, yet ye have not, because ye ask not.

1Th. 5:17 Pray without ceasing.

Phil. 4:6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Phil. 4:7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

1Tim. 2:8 I will therefore that men pray every where, lifting up holy hands, without wrath and doubting.

1John 3:20 For if our heart condemn us, God is greater than our heart, and knoweth all things.

1John 3:21 Beloved, if our heart condemn us not, *then* have we confidence toward God.

1John 3:22 And whatsoever we ask, we receive of him, because we keep his commandments, and do those things that are pleasing in his sight.

1John 3:23 And this is his commandment, That we should believe on the name of his Son Jesus Christ, and love one another, as he gave us commandment.

Heb. 4:16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Mark 11:24 Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive *them*, and ye shall have *them*.

Matt. 21:22 And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.

Matt. 6:6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Matt. 7:11 If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father which is in heaven give good things to them that ask him?

Matt. 6:10 Thy kingdom come. Thy will be done in earth, as *it is* in heaven.

Matt. 11:12 And from the days of John the Baptist until now the kingdom of heaven suffereth violence, and the violent take it by force.

Acts 10:4 And when he looked on him, he was afraid, and said, What is it, Lord? And he said unto him, Thy prayers and thine alms are come up for a memorial before God.

James 5:16 Confess *your* faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

THE BENEFITS OF PRAYING IN THE SPIRIT

GOD HAS COMMANDED ALL BELIEVERS TO BE BAPTIZED IN THE HS

Matt. 28:19 Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost:

Matt. 28:20 Teaching them (US - ALL BELIEVERS) to observe (THE WORD IS OBEY) all things whatsoever I (Jesus) have commanded you (the disciples) and, lo, I am with you always, *even* unto the end of the world. Amen.

Acts 1:4 And, being assembled together with *them*, commanded them (the disciples) that they should not depart from Jerusalem, (Buckhead, Atlanta, Cobb County, Sandy Springs, etc.) but wait for the promise of the Father, which, *saith he*, ye have heard of me. Acts 1:5 For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence.

Mark 16:17 And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues.

(1) SPIRITUAL POWER (Wind up clock)

Jude 1:20 But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost,

Jude 1:21 Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

Eph. 3:20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

1Cor. 14:4 He that speaketh in an *unknown* tongue edifieth himself; but he that prophesieth edifieth the church.

Acts 1:8 But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

(2) TO BIRTH GOD'S WILL INTO OUR LIFE

Rom. 8:26 Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

Rom. 8:27 And he that searcheth the hearts knoweth what *is* the mind of the Spirit, because he maketh intercession for the saints according to *the will of God.*

Rom. 8:28 And we know that all things work together for good to them that love God, to them who are the called according to *his* purpose.

1John 5:14 And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us:

1John 5:15 And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him.

1Cor. 14:2 For he that speaketh in an *unknown* tongue speaketh not unto men, but unto God: for no man understandeth *him*; howbeit in the spirit he speaketh mysteries.

Is. 43:25 I, *even* I, *am* he that blotteth out thy transgressions for mine own sake, and will not remember thy sins. Is. 43:26 Put me in remembrance: let us plead (VINDICATE, DEFEND, REASON) together: declare thou, that thou mayest be justified.

(3) AIDS IN OVERCOMING PHYSICAL AND SPIRITUAL WEAKNESSES

Rom. 8:26 Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself (HIMSELF) maketh intercession for us with groanings (INARTICULATE SPEECH) which cannot be uttered.

INFIRMITIES (STRONG'S #789 GREEK – asten-then'-i-ah) feebleness of body or mind, malady, disease. Sickness, weakness.

Several years ago, a brain specialist at Oral Roberts University, Dr. Carl Peterson conducted a study to investigate how speaking in tongues affects the body. In his research, he discovered that as individuals speak in tongues, the brain amazingly secretes 2 chemicals into the body. These chemicals have been proven to boost the immune system 35-40%. Yet the truly amazing thing about his research is that these chemicals are *only* released when a person is praying in the Spirit. Praying in tongues lowers blood pressure and strengthens our immune system and creates T Cells and endorphins.

Psa. 103:5 Who satisfieth thy mouth with good *things*; *so that* thy youth is renewed like the eagle's.

Jude 1:20 But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost, Jude 1:21 Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

(4) DRAWS OUT GOD'S WISDOM, DIRECTION AND "ADVISE"

2Cor. 4:7 But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us.

Luke 6:45 A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh.

Isa. 28:11 For with stammering lips and another tongue will he speak to this people.

Is. 28:12 To whom he said, This *is* the rest *wherewith* ye may cause the weary to rest; and this *is* the refreshing: yet they would not hear.

Col. 2:3 In whom are hid all the treasures of wisdom and knowledge.

Matt. 13:52 Then said he unto them, Therefore every scribe *which is* instructed unto the kingdom of heaven is like unto a man *that is* an householder, which bringeth forth out of his treasure *things* new and old.

Prov. 20:5 Counsel in the heart of man *is like* deep water; but a man of understanding will draw it out.

1Cor. 2:10 But God hath revealed *them* unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

(5) WE CAN PRAY IN TOTAL FAITH FOR OUR DESIRES AND NEEDS

Eph. 3:20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us.

Zeph. 3:9 For then will I turn to the people a pure language, that they may all call upon the name of the LORD, to serve him with one consent.

EPH 3:20 (Amp) Now to Him Who, by (in consequence of) the [action of His] power that is at work within us, is able to [carry out His purpose and] do superabundantly, far over *and* above all that we [dare] ask or think [infinitely beyond our highest prayers, desires, thoughts, hopes, or dreams]—

Jude 1:20 But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost, Jude 1:21 Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

ROM 8:27 (AMP) And He Who searches the hearts of men knows what is in the mind of the [Holy] Spirit [what His intent is], because the Spirit intercedes *and* pleads [before God] in behalf of the saints according to *and* in harmony with God's will.

(6) PRAYING IN TONGUES BRINGS "REST AND REFRESHING"

Isa. 28:12 To whom he said, This *is* the rest *wherewith* ye may cause the weary to rest; and this *is* the refreshing: yet they would not hear.

1Cor. 14:21 In the law it is written, With *men of* other tongues and other lips will I speak unto this people; and yet for all that will they not hear me, saith the Lord.

Jude 1:20 But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost, Jude 1:21 Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

2Cor. 10:3 For though we walk in the flesh, we do not war after the flesh:

2Cor. 10:4 (For the weapons of our warfare *are* not carnal, but mighty through God to the pulling down of strong holds;) 2Cor. 10:5 Casting down imaginings, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

(7) PRAYING IN TONGUES AND SINGING IN THE SPIRIT IS PERFECT PRAISE AND WORSHIP AND EXALTS JESUS THROUGH US

John 4:23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.

John 4:24 God *is* a Spirit: and they that worship him must worship *him* in spirit and in truth.

Acts 2:11 Cretes and Arabians, we do hear them speak in our tongues the wonderful works of God.

Acts 10:46 For they heard them speak with tongues, and magnify God.

1Cor. 14:15 What is it then? I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also

(8) PRAYING IN THE SPIRIT GIVES US REST AND REFRESHING

Cor. 14:21 In the law it is written, With *men of* other tongues and other lips will I speak unto this people; and yet for all that will they not hear me, saith the Lord.

Is. 28:12 To whom he said, This *is* the rest *wherewith* ye may cause the weary to rest; and this *is* the refreshing: yet they would not hear.

Jude 1:20 But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost,

Jude 1:21 Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

(9) PRAYING IN TONGUES IS A LANGUAGE FROM HEAVEN ONLY GOD KNOWS

1Cor. 14:2 For he that speaketh in an *unknown* tongue speaketh not unto men, but unto God: for no man understandeth *him*; howbeit in the spirit he speaketh mysteries.

Is. 28:11 For with stammering lips and another tongue will he speak to this people.

1Cor. 13:1 Though I speak with the tongues of men and of angels, and have not charity, I am become *as* sounding brass, or a tinkling cymbal.

(1) THE BAPTISM IS THE “DOWN PAYMENT” OF THE HOLY SPIRIT

Eph. 1:3 Blessed *be* the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly *places* in Christ:

Eph. 1:13 In whom ye also *trusted*, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise,

Acts 1:4 And, being assembled together with *them*, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, *saith he*, ye have heard of me.

Acts 1:5 For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence.